



We want to hear
from **you!**

Join our
**Service User
Advisory
Network**

Service User Advisory Network (SUAN)

St Patrick's Mental Health Services (SPMHS) invites current and former service users to join our Service User Advisory Network (SUAN).

SUAN was established in 2018 to enable SPMHS to engage and consult with as many of our service users as possible. This ensures that the views and perspectives of the people who have experience of our service are included as we implement our current five-year strategic plan, *The Future in Mind 2023 - 2027*.

What does joining SUAN involve?

SUAN members are kept informed about focus groups and consultation forums which they can attend. These groups provide the opportunity for SPMHS to present ideas to the members of the network about changes being considered, and for members to share their ideas and opinions to make sure that the views of our service users are heard and included.

Members will also be invited to join working groups and steering committees to help develop new projects.

Many of our projects will be 'business sensitive' - this means we need to keep information about the project confidential, and you may be asked to sign a confidentiality agreement about a project you are involved with.

Some examples of the projects are:

- An interactive mental health education centre
- An Advocacy Centre
- An Academic Institute which will play a crucial role in pioneering mental health research
- Modernised inpatient facilities
- Expansion of remote services and SPMHS' Homecare service
- Enhanced inpatient, day care and Dean Clinic service delivery
- Technological innovations and digital mental health solutions.

More information on these projects is available in our strategy, *The Future in Mind*, which you can see online at:

stpatricks.ie/about-us/strategy

How do I join?

To join SUAN simply complete the registration form on the back of this leaflet. You can post this form to the Service User Engagement Lead, St Patrick's University Hospital, James' Street, Dublin 8, or visit stpatricks.ie/get-involved where you can also complete this form online.

What happens when I join?

Once you have registered, you will be added to the SUAN mailing list, where you will receive regular updates by email about opportunities to take part in various groups or projects. You will also be kept informed about events and initiatives that may be of interest to you. There is no obligation to take part in the different groups and projects and you can opt out of the network and mailing list at any time.

You can take part in any or all of the following ways:

- Being a member of a Service User Advisory group for a project
- Taking part in a group discussion or focus group
- Giving feedback online
- Completing a survey
- Speaking to someone one-on-one, in person or by phone.

If you have previously used our services as an inpatient or outpatient, attended day programmes or attended the Homecare service, we would like your inputs on our different plans and projects. As it's important to focus your energy on recovery when in hospital, you need to have been discharged from inpatient care to take part. If, during your involvement, you need to come back into hospital, we would ask that you take a break to focus on your recovery and rejoin us when you feel able.

I'm a family member, carer or supporter of a service user, can I join SUAN?

We have a Family Member, Carer and Supporters (FCS) Advisory Network which is like SUAN but is made up of family members, carers and supporters of current and former SPMHS service users.

If you would like to know more about the FCS Advisory Network or our Service Users and Supporters (SUAS) Council, visit our website stpatricks.ie/get-involved



Registration for Service User Advisory Network

If you would like to take part in the Service User Advisory Network, please provide your details below.

Name:

(in BLOCK CAPITALS please)

Address:

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E-mail:

Phone:

Which of these activities would you like to take part in?

(You can tick as many as you like)

- Member of a project team
- Group discussion
- Survey
- Online feedback
- One-on-one conversation in person
- One-on-one conversation by phone
- Other (Please specify):

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You can post this form to the Service User Engagement Lead, St Patrick's University Hospital, James' Street, Dublin 8 or visit stpatricks.ie/suan where you can also complete this form online.

You can opt out of the network at any time.



Our commitment to you

St Patrick's Mental Health Services is committed to empowering service users and to listening to and including their views in all aspects of our service design, delivery and development.

If we ask you to become involved or to take part in a particular project, we will provide you with the required support to do so. We will provide you with a nominated contact for any project that you are involved in, and address queries and questions you may have in a timely manner.

If you have any particular needs or requirements, we will strive to provide accommodation for these.

St Patrick's Mental Health Services

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stpatricks.ie