



## GP REFERRAL FORM: ASSESSMENT FOR ADOLESCENT SERVICES ST PATRICKS MENTAL HEALTH ADULT SERVICES

**Please complete in full and return to the Referral & Assessment Unit:** [referrals@stpatricks.ie](mailto:referrals@stpatricks.ie)  
St. Patrick's University Hospital, P.O. Box 136, James's St., Dublin, D08 K7YW  
Tel: 01 249 3635

**All referrals to our Adolescent Services are reviewed by our Adolescent Referral & Assessment Clinical team and allocated to the most appropriate service.**

**What service do you believe would be best meet the patient's needs?**

**Assessment for Adolescent Inpatient Admission:**

**Assessment for Adolescent Outpatient services**

*All suitable referrals for Non-Inpatient Services\* will receive a Free of Charge Prompt Assessment of Needs, by an experienced Registered Mental Health Nurse.*

*\*For details regarding St Patrick's Non-inpatient services, please refer to our website. These include but are not limited to the Dean Outpatient clinics and psychotherapies.*

### YOUNG PERSON DETAILS:

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_

**Date of Birth:**    /    /    **Telephone:**                      **Gender:** F / M

### PARENT CONTACT DETAILS

**Mothers name:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Fathers name:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Address (if different from above)** \_\_\_\_\_  
\_\_\_\_\_

**LEGAL GUARDIANSHIP:** Sole                       Joint                       Care order

### REFERRER'S CONTACT DETAILS:

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Telephone No.:** \_\_\_\_\_ **Fax No:** \_\_\_\_\_ **Email:** \_\_\_\_\_



**Reason for Referral:**

**Date of Onset of Present Complaint:**

**Is the person you are referring currently under the care of a psychiatrist or another child or adult mental health service?**     YES     NO

**If you answered YES to the above question, please choose one of the options below:**

- Requesting Transfer of Care to St Patrick's Mental Health Services
- Referring for a second opinion

**Risk to self:**    YES     NO    (If Yes, please provide detail):

**History of Deliberate self-harm or suicidal ideation?**

**Risk to others:**    YES     NO    (If Yes, please provide detail):

**Past Psychiatry History (*Include admissions if applicable*):**

**Past Medical & Surgical History:**

**Family & Social History:**

**History of Addiction and Forensics:**

**History of violence and aggression:**

**Medications (past or current):**

**If the referral is in relation to a possible eating disorder, please provide current BMI and a copy of any recent bloods or ECG**

**Additional Information:**

**INSURANCE DETAILS:**



Health Insurance: YES  NO

Health Insurance Provider (tick relevant insurer):

VHI  Quinn  AVIVA  LAYA  Other (Please state) \_\_\_\_\_

Policy Number:

**I understand that I retain clinical responsibility for this patient until they are seen by St Patrick's Mental Health Services and will accept back care if they are admitted to Willow Grove Adolescent unit.**

**I have consent from \_\_\_\_\_ (parent(s)/guardian(s) for a member of St Patricks Mental Health Services adolescent referral team to make initial phone contact with one or both parents/guardians of the young person if required to conduct via telephone a prompt assessment of needs to help determine suitability for SPMHS.**

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**How did you hear about our service: Media  Literature  Other:**